

01



WARRIOR



MENTAL  
LIBERATION

# **RFM-01**

# **Mental liberation**



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## Preface

**IM-RFM** or *IronMarch Revolutionary Fascist Manuals* are a series of documents meant to help one to get actively involved in the Fascist Struggle against the System.

The System is the dominant, purely mechanical societal structure which sprung forth from the modern worldview of lies and falsehoods, whereas the Fascist worldview advocates the search for, discovery and realization of the Truth in societal matters, leading to the creation of the Organic State.

The world we know today is a product of self-serving lies or interests, as well as a purely material, rationalistic, intellectual mindset that is detached from a spiritual view of life without which understanding material reality is impossible. It is a limited scope that focuses on the wrong things, placing value in man himself. The Fascist worldview is one that promotes a broader field of vision that encompasses the spiritual reality and finds the Truth as the core value which thereafter reveals the inherent nature of the world at large, society and individuals, applying the truth to everything, including oneself, without egotism.

To learn more about the Fascist Worldview visit [IRONMARCH.ORG](http://IRONMARCH.ORG) where you can always find the entire IM-RFM collection. We highly recommend that you visit the website and read "A Squire's Trial" before you proceed further with this manual.



***Chapter 1***  
***Introduction***

## RFM-01 in the context of this series

You are currently reading **Manual #01** - Mental Liberation.

The purpose of this series of manuals is to foremost help Fascists to organize themselves. This organization can take on the form of either non-movement associations that help to bring together local fascists from various movements for the purpose of engaging in shared fascist lifestyle activities (we refer to these groups as IM Chapters, designating a belonging to a global fascist fraternity, but not to a specific movement); or it can serve as the basis for the foundation of a new movement engaged in our common struggle.

Thus the series is going to focus on organization, activities, movement activism, tactics, strategy and everything else required for people to get started - ideally with these manuals in hand even a lone fascist will figure out how to start something from scratch.

However, we've come to realize that no kind of action would be possible in the first place, if one does not first of all liberate themselves mentally from the expectations and constraints put upon them by the System at large and their immediate social circles. It is this mental block that keeps even seemingly large organizations in a rut, where they try to appease their enemies and thus do not engage in any meaningful action against them. There are also simple downsides of the human condition that keep people at home and out of the struggle, making them into little more than cheerleaders, if even that. They can read all about what course of action is the right one and never actually bother to make even the first step.

Thus the necessity of this first manual, which doesn't focus on the key subject matter of the series, but provides the invaluable and absolutely necessary gateway to any real and meaningful action. Unless you liberate yourself from the mentality that is the essence of our enemy's power, unless you lose all fear of merely psychological pressure that is put on all who exist in the System, you won't be able to ever engage in action that can truly hurt our enemies and would result in the fall of the System.

First liberate your mind, then you can liberate your Race.

## Target Audience

These Manuals are written first of all for actual Fascists and National Socialists, those who understand the Fascist Worldview and thus the full scope of what we are facing. You can learn about this Worldview from materials available on IRONMARCH.ORG, the on-line HQ for the global fascist fraternity.

However, we likewise offer these manuals to people who feel that there is something wrong with modern society but can't quite put their finger on it. They know the issues but don't know the full extent of the problem and likewise may not be certain about what is the best course of action to take. Once they engage in the struggle, the real struggle against the System rather than half-hearted opposition to only certain aspects of the System and its inevitable logical progression, they will invariably be set on the path towards understanding our Worldview and the real scope of the fight ahead.

## Goals of the Manual

As the title of the manual states, the goal is Mental Liberation - liberation from psychological restraints that keep people from engaging in real action, that are essentially divided into external (System conditioning) and internal (base negative aspects of the human condition).

We will firstly focus on removing the external restraints as they are the most difficult, seeing how even people who have overcome the internal restraints still find themselves inactive in the struggle. Moreover, there are lots of resources concerned with internal restraints in various degrees, people who are free of said restraints are more confident and capable yet these same people still try to play by the System's rules.

However, this confidence is necessary, so liberation from internal restraints is likewise included in this manual, to help people build themselves up and become physically capable of carrying on in the Struggle. In the end the goal is the emergence of a Revolutionary Fascist, with no fear of psychological or physical intimidation and opposition.

It is also important to see the failure of various dead end methods that many people cling to, thinking that if they just keep on pushing they will get different results than before, when in reality these methods had no hope in the first place. For too long now have various groups through the years and even decades insisted on stepping on the same rake time and again and have learned nothing from their own mistakes nor from the mistakes of their predecessors.

Once a person achieves mental liberation they can likewise help liberate other people around them, provided these people have the potential to rise above the conditioning of the System, however most people are lemmings and will flip flop on any attempts to help them, so it is important that one is capable of realizing a lost cause when they see it and don't waste their time further. But to liberate others, one must first liberate themselves.

***Chapter 2***  
***Mental liberation***

## Origins of the modern paradigm

None are more hopelessly enslaved than those who think they are free, and the bigger is the lie and the more frequently it is told the easier it is to believe. And the biggest lie of them all that keeps us all enslaved is that of the Modern World.

In this manual we will explore the origins of Modern World thinking, how deep it runs, what are the vehicles of its enforcement and how one can break the shackles of mental control placed over them by the System in order to keep them subdued. Without breaking these shackles any further manuals would serve little to no purpose as the person reading them would be too afraid to act out on much of the advice being provided to him because he would still be held back by invisible strings that were attached to him from birth by this world. The allegory of the Matrix becomes all too real if one were to take a large enough step back to see the full scope of the problem.

Getting the full scope of things is the first crucial step we must go over in order to see the origins of our enslavement to a world of lies and falsehoods. We, as fascists, know that we live in a state of decline and degeneration also known as involution. The starting point of this decline is natural and takes roots in the decay of the superior ideals and in the loss of a connection with and vision of the spiritual side of reality, thereby leaving humanity stranded in the purely material side with a purely material perception. It is at this point that the decay takes a more aggressive turn and it can be symbolically referred to as the Death of God or the Twilight of the Gods (Ragnarok). Once we have lost our spiritual view of the world we had become susceptible to a false and purely material interpretation of things around us, introducing falsehoods that lead not to merely decay or loss of spiritual roots but to a rampantly self-destructive process. In other words, before the Death of God we experience a slow decay like that of an organism dying of natural causes, and upon the Death of God we experience a rapid and malignant degeneration like that of an organism injected with poison.

That poison, is the Modern Worldview, the purely material, intellectual, rationalistic, abstract perception that only serves utilitarian purposes and is driven by pure self-interest. However, this poi-

son was not introduced to us forcefully, we never saw the needle coming. It was introduced by us ourselves in our foolishness as we suffered from the earlier form of decay. It was an act of delusion on a civilizational scale, as we lost sight of the spiritual and focused on the material we lost a superior frame of reference for what is true and false in the material world and thus took the poison and injected it into ourselves, thinking it was a great revelation.

From that point on the poison used our society's circulatory system to deliver itself everywhere it could to cause havoc. And it's been in circulation ever since. The original point when the poison was introduced happened so long ago that since then the processes that it caused became considered the norm and the few people who could still retain some conception of there being a higher truth recognized that fact and have been fighting to restore real order to society. Today that task falls to us Fascists.

However, when we again take into consideration how long ago the poison was introduced it becomes apparent how fundamentally different our worldview is from the one that is enforced today, seeing how we wish to restore the worldview of Truth whereas the existing System is interested in perpetuating the worldview of lies created by this poison because it cannot sustain itself without said lies. Moreover, it becomes apparent that the worldview we are fighting isn't just what we are being told to believe in about the contemporary world, it is also what we are being told to believe in about generations of human history all the way up to the point of when the poison was introduced and further back still as the materialist perception and degeneracy created by that poison are being now projected onto the rest of history that existed before the Death of God.

In other words: almost everything you know is a lie, a massive lie that has been repeated to people for generations and it is a lie that makes people think that the way they live today is a natural and positive product of history, rather than a result of decay, it is a lie that makes people think they are free, when in reality they are enslaved and on a path to self-destruction. And it is a lie that we are all, practically without exception, are brought into from birth. Few manage to identify it, fewer still manage to escape it fully. If you

believe that you have escaped this lie completely then think again as it is highly likely that you are still held back in your actions by considerations that have been instilled in you since birth by the System that wishes to handicap your opposition to it and the worldview it relies on for its perpetuity until it ultimately crashes along with all of humanity, starting with the White Race.

Almost everything you know is a lie, a lie that you have been sold your whole life, a lie that your parents had most likely bought into, a lie that your grandparents had most likely bought into, and their parents before them and their parents before them and etc for many more generations. Make no mistake, the state of the world we find ourselves in today is not a recent development. It may be a recent stage of the disease as it progresses to its more critical and terminal symptoms, but its origins take roots even long before the French Revolution, albeit that event marked a particular new stage in the progression of the poison's ill-effects on the body of our society. You can think back to the leftist concept of the "march through the institutions", however this march would have never taken place had said institutions not been sick in the first place, allowing for a more radical stage of the disease to come through. Moreover, leftism would never have appeared in the first place had our society been healthy.



## How we were poisoned

So now that we know the principles behind the origin of this poison let us consider what was poisoned in a practical sense. We mentioned how what was altered was our perception of the world, how we bought into lies and falsehoods and accepted them as truth and facts. What happened next was the introduction of these same lies and falsehoods into the way we conducted research, education and governance. Keenly important in this instance are the educational elements. Nowadays you will hear complaints from the liberal masses about evil propaganda and indoctrination, however those things are in principle the exact same as education and socialization, something that human society relies on at large to perpetuate itself in any given form, however liberals will use the terms propaganda and indoctrination as the “evil” crooked images of education and socialization for anything promoted that is counter to the modern worldview.

The irony is, of course, that it is the prevalent System of today that is in effect crooked as it uses education and socialization to continue the circulation of poison in the societal bloodstream. Education and socialization - these are the main arteries through which we pass down knowledge and understanding of the world, so if the well of knowledge is incomplete or worse still poisoned, then all who drink from it are likewise gaining incomplete knowledge and poison. Which is all the better for the System that relies on this poison of lies and falsehoods in order to perpetuate itself, but all the worse for the people who are speeding up their own demise.

To sum up: at one point in time decaying society was injected with a poison that through education and socialization kept perpetuating itself for generations, and since this was done willingly in a delusional state, there is nothing we can point to in history as a kind of outside event that forced this upon society, making the lie of it being a naturally positive process all the more believable. And so this great lie continues and everyone think they know the “truth”.

A person is born, raised by their parents who raise the child according to what they know and the child is shaped in one way or another by that process. The person is then sent off to be educated

and socialized, likewise this shapes him in one way or another. The person grows up in a society that further contributes to shaping him in one way or another, he further still engages this society pursuing his goals that are the result of all that has been affecting him previously. Finally the person has a child of their own and raises the child according to what they know. The cycle starts over again. Now imagine this process poisoned with the purely material worldview of lies and falsehoods, decay and death. Imagine this process repeating for generations. You don't have to imagine it - you're living it.

That is the great reality we face today. Generations of successful conditioning that created a logical chain of events which produced more and more devastating effects on society and hence the conditions we find ourselves in today. You should be able to see now why few people manage to identify the problem and fewer still manage to escape the invisible strings that are attached to us all.

Ever since the original point of when the poison was introduced we had thinkers and philosophers who operated on the premise of the poison being a great revelation, and they have been building their conclusions on that delusional premise. You'll hear our opposition say "you really think yourself smarter than generations of scientists, thinkers and people who shaped the world as we know it today?" Well we may not be smarter than them, but we Fascists stand where we stand because we managed to identify the initial fault of their premise. In its essence the modern world is not a grand accomplishment of centuries of materialist thought, but rather the result of a critical mistake made at the beginning of a mathematical equation. Say you got the wrong answer for what X equals in a mathematical formula - it doesn't matter how smart you are and how correct you solve the rest of the equation because the initial mistake will make the deviation from the correct answer grow with each action performed in the equation. We had made our mistake centuries ago and all these smart scientists, thinkers, philosophers and people who shaped the world as we know it today have been building on that initial mistake and with each added solution they've been drawing us further and further away from the truth through seemingly logical conclusions.

That is another reason why the poison was so successful in perpetuating itself besides the lack of an outside source - it was purposely built on as if it were some kind of revelation. It is as if scientists were trying to improve what they thought was a cure but instead were making improvements to a disease, simply because they were too busy with its intricate particulars to see the whole picture, but then again how could they see the full scope of what they were tackling, when they outright denied the existence of a larger scope of view to begin with, namely the spiritual vision of reality?

So what do people who buy into the great lie have to face? They are already born into it and accept it, they follow along with its rules and thus help its sustainability, hence they are essentially left alone, and so they believe themselves to be free, when in reality they are perpetuating their own slavery and what will one day outright kill their descendents.

What of the people who refuse to buy into the great lie and actively go against it? That is when the System will rear its head in full force and demonstrate exactly how totalitarian in nature it is as it will rightly treat such elements as outright enemies of its sustainability. These people can expect the kind of opposition that the great masses of wilful slaves will never have to face because their petty misdemeanors within the scope of the System are still "part of the plan".

We Fascists are the ones who must stand against the great lie. But in doing so we must stand against modern society as a whole as it exists as a tool for the perpetuity of the lie, but to do so we must square off against the System that operates and protects this process of perpetuity. Yet when we consider the sheer scope of the lie in question it is only too evident how hard it will be to fully untangle ourselves from its web in order to engage in any meaningful opposition to the System. Hence the necessity of this first manual.

## Me ne Frego

The aim of this manual is to turn its reader into an Island or a Fortress that stands defiantly in the storm of lies that surround him. This means a kind of internal self-sufficiency that would essentially make the person a standalone element that exists outside of the System's subtle influence, regardless of his physical presence in the System. Let's list all the ways in which the System applies passive pressure to people who are enslaved to it:

- Parents pressure their children to go through official education and do well for personal pride and desire for their child to be able to support himself by playing along with the System's rules. If they fail then they are regarded as bad parents who didn't fail the System's expectations but failed themselves as parents. Whatever wrongs their children commit reflect on them and their social standing.
- Educational institutions pressure young people to become apt in ways that are useful to the System, but one cannot even engage a good deal of the System's workforce without a sanctioned piece of paper that validates a person's standing. Lack of System validation diminishes a person's social standing, he is regarded at the very least as not all that smart, if not altogether incompetent, a loser or a good-for-nothing.
- Engagement in the System's workforce creates responsibilities and obligations to the System with raised expectations placed on the person. Not being engaged in its workforce is regarded highly negatively with comments ranging from how someone's worth is defined by their ability to make a living to how one is a leach on society.

In a normal, healthy society all these same pressures exist but to help perpetuate said healthy society, in today's System, however, all these pressures help preserve the existence of poison in society that leads to its ultimate destruction.

**The Fascist Revolutionary is a person who cannot be swayed by any of these pressures and acts without reference to social norms as an outside source for his code of conduct.** Instead the Fascist Revolutionary relies on an internalized worldview that guides him to actively fight the System and then create a new healthy society. If our goal is creation of a new society then we cannot be concerning ourselves with the existing System or with what it may think of us.

You cannot be swayed by expectations placed on you by the masses of people who play along with the System's rules. They are assisting the enemy, including those that may support you in theory but will never do so in practice and maintain a life within the System's rules, this is the definitive difference between supporters and real fanatics, activists, revolutionaries - the latter make that step over the line where they have no stakes in the System and thus are free to bring it down.

Your own family will expect you to do as they did, to go along with the System's expectations. They may tell you that they are ashamed of you, because you didn't play along as they did and thus made them look bad. They may tell you that you should feel ashamed, because that is what they believe to be the normal reaction, that is what the System taught them. **Remember:** they want you to take part in the System, you want to destroy it. Their view of you is irrelevant. They cannot pressure you on behalf of the System.

Educators will expect you to swallow the poison they help dispense, it is their job to shape you into a cog, an interchangeable piece in the System's machinery of a workforce. **Remember:** they want to make you into a part of the System, you want to destroy it. Their view of you is irrelevant. They cannot pressure you on behalf of the System.

Other students will expect you to do the same because they believe their parents and the System and are actively gearing up to engage themselves in it by its rules. **Remember:** they want to take part in the System, you want to destroy it. Their view of you is irrelevant. They cannot pressure you on behalf of the System.

People engaged in the System's workforce will shame you for not being like them, for not being a cog in the machine of their own

destruction. **Remember:** they feel validated by being a part of the System, you want to destroy it. Their view of you is irrelevant. They cannot pressure you on behalf of the System.

Elder generations will shame you for not living out your life in the same kind of servitude that they dedicated themselves to. "Listen to your elders" is bullshit when your elders are the ones responsible for furthering the state of decay of society, what they may find distasteful today is something they helped bring about themselves. **Remember:** they feel like you are invalidating their wasted lives as slaves to the System, you don't want to end up like them, you want to destroy it. Their view of you is irrelevant. They cannot pressure you on behalf of the System.

To anyone who dares to try and pressure you on behalf of the System simply reply with the Fascist slogan and mantra: "**Me ne frego!**" - "**I don't give a damn!**"

With those words you declare that you are not a slave to the System, you are not the same as those around you, they rely on the System and keep each other enslaved by applying that pressure, they will try to pull you back in with them and keep you there, to die with them. That is the path to Mental Liberation, to liberating yourself from the hidden strings attached to us all that urge us to play along with the System's rules "or else". Or else what?

## The Enemy is your best Ally

When talking strictly about Mental Liberation and becoming an outsider within the bowels of the System, it has very few punitive measures. What can the System truly do to you? Play along with the System's rules or "else"... you can no longer play. That's it. The only thing the System can do against an internally liberated person is to shut him out of the social playground where all the nice and obedient slaves make pretend they are free and important.

Without a diploma, that piece of paper that provides social validation, the System won't open the doors to a big portion of its workforce. This is the scary consequence that keeps the good slaves motivated to study hard, so they can work hard for the System. But our goal is to destroy the System, so that outcome is not, in fact, one that a Fascist Revolutionary fears. A real Fascist will never say "I am so afraid that I won't be able to slave away for the System that is destroying our society and our race".

So the scariest thing the System can do to us in this situation is tell us that we are penalized by its rules from being able to entangle ourselves deeper in its web. Our enemy is in fact our greatest ally, because the more we will resist the System, the more it will push us out and the more free we become of it. We don't want to play along so it doesn't want us in the mix. Good. We won't lose anything when we make it crash and burn. Those who have stakes in the System are reluctant to take action against it or desperately try to find a way of doing it while playing along with the rules. It is a foolish idea, playing along with its rules only makes you entangled in its web and makes you dependent on it, thus limiting your freedom to act.

Presentability and respectability are not virtues to a Fascist Revolutionary. Whom are we trying to be presentable to? For whose sake are we supposed to look respectable? The slaves who will never take action? There is no "silent majority" that will come out to fight the enemy of their race should the call arise, they have too much at stake in the System as it is now and they have no real understanding of the issues that we are facing. So who is it then? The System itself? Our enemy? Do you think it will matter if you're dressed in a suit when the revolution happens? Or do you think the suit will

help you win without the need of revolution? Then go back and read again how playing along with its rules only makes you more of a slave to the System. Looking for presentability and respectability only means trying to either play by the System's rules or appearing to do so, if it is the latter case then is it because you want to make a "respectable" case for Fascism? Then you have already lost, because we stand for Truth and there can be no compromises about the Truth, because the only compromise possible is to accept a lie, but that only spells the defeat of Truth. Compromise is immediate defeat.

Or is it because you want to become a submarine in enemy waters, appearing calm on the surface before you make a strike? That course is commendable but it is also extremely serious and tough, it is literally akin to becoming a spy in a foreign country, you can never reveal to anyone your true beliefs and act like you do have a stake in the System before you reveal that you never had any and proceed to crash and burn all that you've worked for within the System that helped you along the way to executing your strike. This path of action will require its own manual.

Now if you are an open Fascist and a Revolutionary at that, then you go ahead and burn all bridges with the System, push against its invisible strings and watch the System cut them from you, figuring its punishing you when it is actually freeing you. Let the System shut doors in your face, let it make you into a pariah, it will be more than glad to do it, but the more it shuts you out the stronger your resolve will grow, the more you grow into that Island that will weather any storm, the higher will grow the fortifications of your inner Fortress. Help the System drop all pretense, help it stop baiting you into playing along with its rules and instead make it spell it loud and clear: you are enemies at war.

Make all of its slaves know it. Speak your mind, be true and firm to what your actual stance is. Let them recoil, let them try and shame you, let them try to pull you back into it, keep pushing them until the System decides it won't stand for it. Be an agitator. Speak your mind where you study, speak your mind where you work, let them know exactly what you are fighting against, who is at fault, who is complacent, where it is all going, who will be the first to pay



for their crimes.

## Outside the System

Forget System education and “good” System jobs - learn a trade, gain some practical skills that are universally needed and will come in handy for the revolution. You may be out, but you’re not down, you can live outside the System’s strings while still utilizing its services, or better yet you can escape the System physically, as well as mentally and become completely independent of it. Other manuals will focus on how to become a Fascist Revolutionary in the practical sense and deal with living in and outside the System physically. However physical liberation and true Fascist Revolutionary conduct will be nay impossible if you have not first achieved Mental Liberation.

Only when you will feel like an unmovable rock in a stream of water, constantly pushed against but to no avail; when you feel like you are moving through System surroundings but have nothing tying you to them; when you feel like you can do anything and don’t fear the consequences - only then can you start truly contemplating real Action on the path of Fascist Revolution.

***Chapter 3***  
***Total revolution***

## The failed approaches of the past

Our goal is to restore the worldview of Truth, a worldview that is based on something eternal, unchanging. However we are living in the material world which is constantly undergoing change, and contrary to the progressivist logic of our enemies that change is leading us down a spiral to our own destruction. From what was said in previously in this manual it should be now evident how the world around us is constantly regressing following a self-destructive pattern. And like in medicine, when the disease takes a more and more aggressive form that threatens the life of the patient, more aggressive cures are considered. Flesh-eating bacteria requires amputation, removing cancerous tumors requires cutting some of the healthy tissue away.

The logical progression of our struggle is to step up our game whenever societal decay progresses further, therefore relying on tactics of yesteryear is all but assuring failure and ultimately defeat. That is why it is important to realize when the time for certain methods has long since passed, what presented hope yesterday is a lost opportunity today and we have to plan for the next time we are presented with hope.

There are many out there who are engaged in some half-hearted “struggle” against the System which is at best misguided and at worse simply people playing pretend - they don't want victory, they are enjoying this game where they jokingly poke the System, claiming to be doing real damage to it while the System calmly ignores them or swats them away with great ease, something they enjoy all the more as it creates a false validation of their actions to others around them, fueling their fantasy.

There are organizations out there who are attempting to fit into mainstream politics, they try to win by playing the System's game and by its rules, blind to the rules having been purposely designed against them. Hitler and the NSDAP managed it because they were a novelty and they were facing a weak enemy, the System in its infancy. That opportunity is long since gone and the System will not allow something like that to ever happen again, so it is impossible for an openly Fascist/Nazi group, or even a group that only believes

in a few select elements that are contrary to the System dogma, to ever enter mainstream politics. The only exception to this that we can think of is Golden Dawn in Greece, however they use their presence in parliament to openly mock its impotency, they are in the game to mock the game - their *real* efforts are directed elsewhere.

Some organizations decided that they could do well if they tone down their message, make compromises on their rhetoric and official stances, all to make themselves “presentable” and “respectable” to the System and the masses that blindly accept whatever the System tells them is “presentable” and “respectable” and those definitions are changing fast as each new stage of the disease destroys what birthed it - yesterday’s “revolutionaries” of progress becoming today’s regressive reactionaries. In the end this approach always leads to its practitioners looking like pathetic, weak and impotent fools. And so they are. Even with toned down rhetoric the System knows what you really are trying to say and it will put you on the spot, forcing you to deny your association with the “extreme” forms of your views, forcing you to backpedal and compromise, forcing you to forever be on the defensive. Look to the British National Party as a prime example, too cowardly to even call itself Nationalist. They had been forced by the System to change their program to allow non-whites into the party and they are still regarded as evil, but not as a real threat.

Any kind of presentability and respectability approach that could’ve worked at some point was the one practiced by George Lincoln Rockwell and his American Nazi Party, but note the name - they did not compromise on the message, on what they are, they did not hide. Their presentability and respectability was that of defenders of the older age when USA was in a transitional stage to the new standards of presentability and respectability that would dominate onward from the 60s, ones more appropriate for the new stage of the disease. That time has likewise passed and one will not be able to appeal to anyone in this day and age with respectability standards of the past, whereas modern standards demand you actually being in the game or else the System will see through you. Commander Rockwell wore a suit and was surrounded by men in party uniforms, he could pull that off but only in that particular juncture of US history. Wearing a suit today will not impress anyone unless you

can back it up with System credentials that are valid in this day and age, but most of the people who pursue this approach are ones that want to make it with expired credentials. Your outward presentability means nothing if you are an evil bigot stuck in 1950s, less than nothing if you are openly Fascist.

However, some groups mistake outward appearance for open conviction. Look at the National Socialist Movement (NSM) in USA. They are seemingly open and upfront about their views and even wear uniforms. Yet should one compare pictures of Rockwell's ANP and the NSM it will become painfully self-evident, how the latter are not even remotely in the same league with the former. When the ANP used uniforms it had shock value as the Second World War was still a fresh event and this kind of resurfacing of Nazi apparel almost immediately after the War was like a statement that the Nazis haven't been beaten at all, moreover they are now right in your backyard. This was a powerful symbol, but more importantly there was real conviction beneath the uniforms. The ANP were trained for combat and practiced great discipline to avoid provocations and stand firm in the face of the enemy, moreover they projected strength and superiority over their enemies - the only real kind of presentability and respectability that matter.

Compare that with the NSM. They look goofy. They look out of place. They are rabble in both appearance and behavior, easily provoked and gladly engaging in shouting matches with the opposition. They project neither strength nor superiority, they lack any kind of real discipline, all things painfully evident to everyone around. The shock value of the uniform has long since passed and even been diminished further by modern mass "culture" which includes roleplaying as nazis at certain events. And that is what the NSM are doing, they are roleplaying, they wear the uniform but there is little to no substance underneath. Some of them are outright obese, proving lack of training and discipline. Their activism boils down to public appearances like marches, which are no better than roleplaying - they put on their uniform just for this special occasion where they walk around and feel good about themselves without having done anything at all and later they will pat each other on the back. The Struggle is not a 9 to 5 job (though let's be honest, they likely spend far less than 8 hours doing even their pretend brand of ac-

tivism) from which you return, take off the uniform and be a good System slave the rest of the day.

And on the subject of marches - these have become a crutch of dying and hopeless movements and organizations, done only to prove to the world that "Yes, we are still around", irrelevant and destined for inevitable obscurity, but "still around" for a little while longer. A march only has power to it if it's done for a specific reason, that is to say that each march must have its own unique character to be a real march and not just people walking in the same direction. A march devoid of meaning is just a pointless mass with no destination other than from *Point A* to *Point B*. Marches are not recruitment tools in of themselves if the people don't see a real message and substance in it beyond official group slogans and party programs. Marches done to commemorate some date are pointless unless there is a real link present, unless it becomes more than just about the date itself. Look at the yearly Russian March - with each passing year it loses its meaning and essence, becoming nothing more than a crutch for its organizers who are facing obscurity. Think of it this way - the more often a group marches and the less distinction there is between the marches the more likely it is that this group has no substance to it.

A march that has meaning is one that **marches towards that meaning**. It can be an act of defiance, it can be done in memory of the fallen, it can be a threat and a promise, it can become the manifestation of Fate's inevitable approach, a vision of Destiny itself - that is the sort of march that will make the System once again experience that primal fear that it had experienced once before already.

What won't make the System afraid, however, is whining. It won't make it or its slaves feel bad for you either, yet some people took on this "tactic" of apparent weakness and victimhood in an effort to harvest the forces that the System uses to protect its most precious assets - and let's be clear here, it does not regard people as human beings, it doesn't protect minorities or whomever else out of pity, it simply protects its assets, while the slave masses are the ones that are meant to do the same out of pity, or out of some humanist notion of being a good person to your fellow man, or some good

samaritan sense of a dutiful citizen. Let us make this point again: the System wrote the rules, the rules are purposely aligned against you. Trying to circumvent those rules will not fool it or its slaves. “Multiculturalism = White Genocide”, “Africa for Africans, Asia for Asians, White countries for everyone” - these are whining, sniveling and self-deprecating moans of those who admit defeat and plead with their victor. It is the equivalent of saying “*but this isn’t fair, can’t you cut me some slack?*” What kind of a thing is that to say to the enemy whose explicit purpose was to come and kill you? There is no room for complaining in a struggle, and complaining to the enemy is admitting defeat. How many fist fights have you seen being won by the guy who screamed “*why are you hitting me so hard?*” We already went over how strength and superiority are the only credible kinds of respectability and presentability, whereas these slogans do nothing but conjure images of a pathetic weakling.

And what do these people hope to accomplish with these “slogans” (or rather signals of defeat)? They hope to “awaken” the masses, to help arise that mythical “silent majority” which some have been awaiting for decades now. It’s the approach of the mass movement or a massive upheaval, to either recruit the masses into toppling the government or provoking some euphoric awakening that would result in the same. People who believe in this approach are the ones who themselves have not yet achieved Mental Liberation, otherwise they’d know exactly how hopelessly entangled the masses are. They are not on the outside looking in and figure the people around them to be exactly like them, however if that person can’t achieve mental liberation then it is he who is like the rest of them. We are too far down the rabbit hole now to hope awaken the wide masses like Hitler once did in Germany, moreover the conditions were different, a different time and a different place. Today the System is firmly everywhere and in nearly everyone’s head. You can’t hope to achieve a mass awakening without first taking down the System itself yet this approach hinges on trying to take down the System by means of mass awakening.

However the mass approach would fail even if its advocates could assemble some kind of mass, simply because they don’t know where to direct it. These people most often don’t even know how to direct their own actions which is evident in the various failed “Lone



Wolves”, which is not to say that the Lone Wolf approach isn’t a realistic one, it simply goes to show how most of the people who went down this path didn’t know what they were doing and what for. Their actions were spontaneous and largely unplanned as they mostly focus on what action they want to take in of itself but don’t think about or prepare escape routes and contingencies in case of surprising circumstances, but most importantly they don’t know what their actions accomplish which is most often a grand total of nothing. They appear in a short lived and ill conceived blaze of glory that barely registers on the System’s radar. These failed wolves go after big, flashy, obvious and largely irrelevant but symbolic targets which can be replaced with ease. This likewise betrays lack of Mental Liberation as they place value in things that the System makes them place value in. Shooting the president of a given country would be an example of a pointless action that achieves nothing as a president is a simple and easy cog to replace in the System’s mechanism (certain singular exceptions exist but USA certainly isn’t one of them) and it won’t even skip a beat. Such is the case of shooting Ronald Reagan, whereas the assassination of J.F. Kennedy was most likely done by the System itself as he was a defective cog that didn’t fit in with its plans.

The examples of successful and true Lone Wolves come from Timothy McVeigh and Anders Breivik, who had thought out every step of their plan and executed them flawlessly, attacking the System where it truly hurts - McVeigh struck at a nest of System goons and managers in the forms of the Social Security Administration, the United States Secret Service, the Drug Enforcement Administration and the Bureau of Alcohol, Tobacco and Firearms; Breivik did a diversionary attack on the Oslo government quarter and from there proceeded to the UtÅyva island, the location of the Norwegian “Worker’s Youth League” summer camp, attacking the future hopefuls of the System that it was grooming to carry on in maintaining the machinery that pumps poison throughout society. The Lone Wolf approach is only good if you have the kind of skills, discipline and planning that are required in planning out the attack from start to finish, including your escape routes, though in Breivik’s case he wasn’t looking for escape and personally called the police twice to come arrest him, his trial and incarceration themselves were part

of his plan that took into account the Norwegian judicial and prison systems. Finally, no less important is knowing where to strike the enemy, so that if worst comes to worst the sacrifice made by the wolf is not wasted on someone or something purely symbolic and ultimately meaningless to the System's stability and ultimate survival. In the words of James Mason: *"I don't mind paying the price but, by God, I demand the price be worth paying!"*

## Why revolution is the only way

So what approach works in this day and age if all the abovementioned ones, save for the Lone Wolf approach and appropriate use of marches, are useless or even counter-productive? The answer is simple: Revolution. We started this segment of the manual talking about how we are presented certain openings for different methods and tactics but as time marches on those openings close and we have to move on and grasp the next opening available to us. Well at this point we are so far down the rabbit hole that we are only getting out by violent means, after all violence is always the last resort. However even here we may take too long and then we will be forced to not only be violent but wildly destructive.

The longer the poison circulates and the further the disease progresses the more flesh we'll ultimately have to cut to preserve what is truly vital to the survival of the race - Blood. When the chips are down and we are faced with literal extinction it will mean that we are free to do absolutely anything, but most don't realize what this truly means and likewise most will be uncomfortable with the idea. The Blood is what is truly important as it is the seat of everything we hold dear, it is the physical embodiment of our spirit, the carrier of our psychological and physical attributes, it is source of our culture, our will, our place in the world, and it is the only thing that holds in it the potential for rebuilding - rebuilding it all from the ground up if it comes to that.

We will have for a limited time an opportunity to take back our societies by force, and while we have already entered a time when the promise of minimal casualties is no longer feasible, we still have the chance to preserve the legacy of what our race has accomplished up until now - the artwork, the monuments, the music and lore of our ancestors, the material footprint of the race's mighty spirit. However once that window closes and we are cornered even more than before by the enemy we will be inevitably forced to go down the path of wild abandon in order to survive, meaning that the Blood, the source of that legacy, will become top priority, to such a point when the material legacy will be deemed expendable. If in order to preserve the Blood we must destroy great national monuments

- so be it. That is the ultimate final option we are approaching after which there is only extinction and when that happens even if the material footprint is allowed to stand by our triumphant enemy it will be nothing more than a gravestone to our race - buildings and monuments devoid of the spirit in which they were built, music and artwork rendered useless without the only blood that it could speak to in a meaningful way.

Hence why Blood will be the last thing we'll have left to defend, making everything else fair play. Would you rather that Greek Fascists destroy the Acropolis of Athens if it meant the survival of pure blood Greeks, whose Blood can produce new monuments of such magnitude? Or will you make more excuses of respectability, presentability, playing by the System's rules, until such a point when all the Greeks are dead, Greece becomes the home of foreign immigrants and all that is left of Greeks is but stone pillars? We are not materialists. We value the legacy of our ancestors because it speaks to our Blood, but if Blood itself will become truly endangered then that legacy does become merely stone and then we are free to destroy it. If you find that disagreeable, then I suggest you quit your delusions **now** and dedicate yourself fully to the Revolutionary Struggle **NOW. RIGHT NOW** - not tomorrow, not at the start of next week, on your next birthday, or as part of some New Year resolution, or on some symbolic date - join the struggle **RIGHT NOW**, lest you live to witness for yourself how your national treasures will become dispensable for the sake of the survival of the Race. Each time we miss an opportunity presented to us by Fate we are punished with having to pay a bigger price and face tougher challenges and choices when the next opportunity comes along. Racial Extinction is the end of the line.

Let this sink in nice and clear: **WE ARE AT WAR WITH THIS SOCIETY**. This is something that was said by James Mason in SIEGE decades ago and it was as true then as it is now, in fact it is more true now than before, because had anyone truly listened to Mason and followed what he had laid out in SIEGE instead of fumbling around and stepping on the same rake time and again we would be on our way to active revolt in our time, rather than talking about the necessity of preparing for it, the necessity that was already made evident for us long ago. All these other approaches are comfortable lies and

means of playing pretend, they amount to nothing more than procrastination while we are losing our footing and the sky is all but ready to crash on top of us.

**This is War.** Revolution is the **only way**, at this point we are only left a choice of how destructive it will be towards our own racial legacy. And in this war we have nobody but ourselves to rely on, the true fanatics for the cause who understand the difference between us and the enemy, the full scope of what we're facing, in other words those who are or have the potential for Mental Liberation from the System conditioning, and that can't be the wide masses. As we said before, their awakening comes with our victory, but otherwise you can't put your hope into them, they are lemmings. They will flip flop on you the second you let them go back into the System and the old conditioning kicks in. Sure the average person can be a bystanding supporter, but nothing more than that, because while he nods and agrees with you he still has stakes in the System and at the end of the day will go back to his slave job to earn slave respect and to fit in the System to assure his own immediate material survival and comfort - such people are incapable of being revolutionaries. In his work "On Pain" Ernst Junger identified two types of people: those who strive to avoid or at least minimize pain at all costs and those who seek to overcome it. The lemming, the "good goy" of the System belongs to the former, whereas the Revolutionary, especially the Fascist Revolutionary, belongs to the latter and only the latter can achieve revolutionary goals.

Only strength and superiority, with a liberated mind, with revolutionary purpose and indomitable will is capable of what is required in the struggle ahead of us, none of which is a given and none of which is possible without changing your way of life from one that is of a System slave to one of an actual and active Revolutionary - that is the next step, liberation from internal restraints, the base negative aspects of the human condition that the System plays on and which prevent people from taking action. Once these restraints are removed you will become capable of a complete exodus from the System, granting you total freedom of action in the struggle against it.



## ***Chapter 4***

### ***Purging the poison within***

## Knowing and doing

Walking the path of truth, in a world of lies, demands a vivid spirit and constant vigilance. The constant friction between what you know to be right and what is constantly presented to you by your peers can feel like the world is pressing on your shoulders and driving you into the ground, unable to act. Previous chapters have dismantled the web of lies and misconceptions that entangle your mind. Knowing of these snares is half the battle. But only half.

Simply being aware, simply having an intellectual understanding of the mind-poisons that surround you, will not prevent them from weakening you. You may reject the social pressure defiantly, but it doesn't entirely remove the weight from your shoulders. The poison that afflicts the world still affects you. If a thousand leeches cover your body and drain you of blood, simply knowing they are there and recognizing that they are harmful is insufficient. The leeches must be removed.

If the previous chapters were concerned primarily with your understanding and attitude, this one will address the actions that are necessary to complete your mental liberation. In other words, how to remove the leeches draining your energy, so that you regain the strength to act.

Action is necessary, because ideas only truly acquire force when they are accompanied by action. If you believe in the importance of physical strength, yet do nothing to cultivate it in yourself, then your belief is meaningless. If you recognize the futility of political parties and elections, yet follow the news closely and get worked up at everything the government does, then you are not any more free than the masses who sincerely believe in democracy.

It is only by changing your behavior that you can begin to truly understand the meaning of your ideas and principles. And it is only by adopting a new lifestyle that you can draw on the power inherent in those ideas. The fanatic gets his unwavering determination from his daily rituals, his adherence to the code of his religion. He is the **incarnation** of his faith.

The fascist revolutionary also aims to become a living incarna-



tion of the truth, and to derive his power from that.

## Becoming the embodiment of truth

Even a brief contact with mainstream culture reveals that the masses are obsessed with their “lifestyle choices”. A thousand and one fad diets come and go with the wind. Ridiculous exercise machines are sold on television along with blenders to make “healthy juice”. Endless debates populate the airwaves about the evils or merits of cigarettes, drugs, alcohol, videogames and everything else under the sun.

This obsession is quite different, however, from the obsession of the religious zealot who tailors his life to the demands of his god. And it is also completely unrelated to the fascist’s concerns. The masses, drunk on materialism, are simply worried about the best way to maximise their sensual enjoyment and narcissism. Exercise and diet are a means to look good to preserve their vanity. Quitting cigarettes is done simply because of the fear of death and pain that comes from disease. Concerns over videogame or porn addictions are merely a result of the reduced economic productivity it causes, or physical problems like erectile disfunction.

None of this matters for the revolution. In the fight against the System, in the struggle of truth against the tide of falsehood swallowing the world, **only failure is immoral**. If you are remembered by future generations, it will be for your accomplishments alone, not for your diet or use of this or that substance.

Thus our concern over **action**, or lifestyle, flows from a different place from what is commonly seen in society at large. Purge from your mind all liberal notions of “taking care of myself” or “avoiding dangerous things”. What we’re concerned about, is to prepare our bodies for the task of revolutionary struggle, and freeing ourselves from the spiritual ills that lead us to failure. And at a higher level, doing what we can to make our lives a reflection of the universal truth which rules over all things.

**You understand the truth** that the electoral politics shell game is meaningless, only a trap to prevent real change from threatening the System. You become the **embodiment** of that truth by ignoring debates, elections, candidates, shutting it all out while defiantly

proclaiming "Me ne frego!".

**You understand the truth** that the entertainment industry, including television, movies and pornography, is a jewish operation to demoralize the people. You become the **embodiment** of that truth by throwing out the TV and keeping your mind free from jewish mind-control.

**You understand the truth** that the culture of consumerism is a hamster wheel meant to keep the masses enslaved to their desires. You become the **embodiment** of that truth by learning to keep your spending to the minimum, and thus free yourself from the System's clutches.

**You understand the truth** that might makes right is the law of nature. You become the **embodiment** of that truth by keeping yourself strong and capable of defending yourself through training and martial arts.

**You understand the truth** that divided we are weak, but united we are unbreakable. You become the **embodiment** of that truth by engaging in social activities and building a social circle centered around your leadership.

If you are the embodiment of truth, then it is not you who is afraid of what others think, but rather everyone else who should be afraid of what you think of **them**. Everywhere you go, you learn to impose your understanding of the truth on others.

## First steps

The above mentioned lifestyle may be a drastic departure from your current mode of existence, making the changes seem impossibly difficult. And indeed, without the support of a group of people who share the same values and aspirations, it can be hard to stay the course, let alone start the process.

Many of the changes require more than simply willpower and discipline. They are a learning experience. And like all learning processes, they take time to solidify inside you. As such, you need to take the steps one at a time and master the skills before moving on.

Changing your life in one area will make changes easier in all others, creating momentum. Quitting degenerate entertainment will free your time, allowing you to do other things. Improving your physical strength will give you energy and willpower to act in all areas of life. Reducing your spending will allow you to work less, and thus be less stressed out about money and your ties to the System, giving you physical and mental freedom to act. By building a social circle of like minded people, you will have encouragement and social pressure to stay on the right path, and will be bolstered by sharing that path with others.

But it is imperative that you **start now**. There will never be a better time than **now**. And to make that as easy as possible, we will provide the first steps to take, and provide the resources you will need at first.

Among the suggestions which follow, don't try to implement everything at once. Take things progressively, and wait until you're well settled into your new mode of existence before contemplating further changes. Also, for each step you take, you should perform some concrete act to manifest your resolve - a ceremony of sorts - in order to signal a change in your life. Simply wishing or deciding on something in the abstract is usually insufficient to bring about effective change.

### **Stop consumption of entertainment media**

The first area is one which perhaps has the greatest psychologi-

cal impact on our lives: our dependence on the news and entertainment media. The System uses entertainment to put the masses to sleep in spite of the increasingly hostile environment they have to cope with. Most of it is mind-poison of varying virulence. You must begin to wean yourself off of it.

The easiest part of this is probably to stop obsessively following the news, especially about System politics. If reading the daily newspaper and watching TV news is a part of your routine, stop it. Your mind will be freed of a useless burden. Someday it may be necessary to stay on top of the news for tactical purposes; but until you're in a position to DO something about the information, they will only be a strain on you. When people around you broach the topic, use the opportunity to express your worldview instead of following the herd.

Remember that your computer, phone, tablet, or other devices are tools to be used by you, not something that should enslave you. If you find yourself being glued to these devices wasting your days away, take steps to repurpose them to a more constructive use. Deleting apps and files that are distracting you from your duties may be necessary. Cancelling your cable subscription and repurposing your TV as a computer monitor is another helpful idea.

But any source of media that you cut out of you life will create a gap that must be filled with something else. You have to find healthier alternatives to fill your new free time with, otherwise you will be unbearably bored and likely to relapse into old habits. Start a new sport, engage in more social activities, attend classes or learn new skills (like playing an instrument or learning a trade). The point is to become independent of the System, not to stop having fun.

### **Reduce spending**

In the same way that severing your connection to news and entertainment media makes you mentally free from the System's pressure and brainwashing, reducing your financial needs reduces your physical dependence on the System. If you wisely adjust your lifestyle, you can certainly reduce your overall spendings by 50-90%, which can make holding a steady job unnecessary, and allow you to avoid paying taxes to the System.

*Food:* Switching from a modern diet, based on heavily processed industrial foods and products imported from all over the world, to a more traditional diet can give enormous saving. Of course, there is no question here of sacrificing your health just to save money; but in most instances the traditional diet will be healthier than modern foods. And of course, buying base ingredients like wheat flour, dried legumes and fresh in-season produce, will reduce costs by at least 75% over buying pre-packaged processed food. Cooking your own food does take time and some dedication, but would you rather spend that time slaving away for the System to make up the monetary difference? Also, meat is the most expensive type of food; if you insist on eating a lot of it, try to buy whole animals with friends and family to reduce the cost.

*Housing:* For many people this is the primary cost of living, and changes here will have the greatest impact on your dependence to the System, but may also require the greatest sacrifice of lifestyle. The easiest method is to share housing with family and/or friends. This was done universally before the modern wave of individualism in the modern period, and is a good survival strategy in general, as it allows specialisation of roles in the household. More radical possibilities include squatting in abandoned buildings, living in a van or bus, building a low cost shelter on public land. Those latter strategies will require considerable personal commitment and research to pull off successfully, and their success may depend on the climate or other situational factors. More detail will be given in later manuals.

*Transport:* Obviously, avoid paying transportation fees if possible, by walking or biking to your destination. Some brave souls bike even in winter. Otherwise, favor public transport. Avoid above all paying expensive car payments on top of regular mechanics visits and fuel costs. Buying old used cars, and changing them when they break (or fixing them yourself if you have the skills) will save you a fortune if you *must* have a car. And yes, in many circumstances a car is a necessity - but having a brand new year's model with all the options and a 600\$ monthly payment plan is *never* necessary.

*Other purchases:* For everything you buy, ask yourself first: "do I *really* need this?". Then ask "do I really need it *now*?" Often if you just put off buying something, the need will go away or you'll

get the thing for free or at a huge discount later. If you really need something now, buy it used or at a heavy discount whenever possible. Classified online ads, friends and family, auctions and seasonal sales are all opportunities to get what you need at a fraction of the price. And needless to say, buying everything second-hand avoids leaving a paper trace of all of your transactions for the System to follow.

Again, implementing all of these measures could conceivably reduce your needs to the point where only 5-10 hours of work per week are necessary to pay all your bills. This could mean working 2-3 months out of the year, and spending the rest of the time free to do as you wish, which is ideal for a revolutionary.

### **Physical training**

Your body is a tool. If it's in such a state of disrepair or atrophy that it can't perform at the level you will need, then none of your good intentions will produce good results. A strong and resilient body is a necessary tool in the fascist's arsenal.

If you are in inadequate shape, then a general strengthening is in order. Can you run up a flight of stairs without getting a heart attack? Could you lift an injured friend and get him out of a dangerous area quickly? Can you easily jump over fences and barricades or hoist yourself over a wall? If not, then you need to build up your basic strength. Powerlifting is the quickest and most efficient way to get stronger quickly, but may require equipment you don't have access to (weights and a power rack). In any case, find a program you can follow that will get you in good enough shape. A structured and progressive program is necessary; doing random exercises will only waste your time.

If you're already in good physical shape, then focus on building up useful skills, especially martial arts and survival abilities. Do whatever you think may be most useful in your circumstances. Suggestions: Boxing, Wrestling, parkour (obstacle navigation), wilderness survival (without extensive modern equipment) and firearm handling.

### **Build social presence**

The goal of any isolated fascist must be to build a social circle

around him with other fascists, and eventually a chapter dedicated to the struggle. A following manual will be dedicated to this subject.

However, in the modern world many people are socially isolated. This is in part because of the rise of new information technologies and the prevalence of electronic methods of entertainment and communication. But it is also a consequence of the individualism prevalent in the modern worldview.

If you are, like many people, socially isolated, spending most of your free time alone with a computer, then breaking out of that is a prerequisite to applying the methods in the following manuals. You need to become more sociable in real life and build up your confidence in talking to others, even while no explicit political discourse is present. Follow the example of James Mason: *“People get to know ME first. While they’re getting to know me, they’re getting to know Hitler and National Socialism because I am inseparable from these and do nothing to try and hide any of it”*.

If this is difficult, then resolve to never refuse invitations to social events (obviously, unless they are grossly degenerate affairs) and strive to share your thoughts and feelings with the people around. This doesn’t necessarily involve talking about your political views, but simply opening up to others so that they feel like they know you. Strive to be a part of the events happening around you, rather than comfortably remaining an outsider.



# ***Chapter 5***

## ***Addressing objections***

The path we have outlined above, that of the fascist revolutionary, is perhaps the hardest one to walk in this world. As such, we can expect most people to frantically come up with rationalisations to avoid admitting that it's the right path to tread, in order to justify to themselves the far easier path they are currently on.

While most people are not cut out for the fascist revolutionary struggle, some may simply have a mental block that could be broken with enough pressure. As such, we've included a list of objections (rationalisations, really) that are likely to come up in response to the ideas and suggestions in the rest of this manual.

**“Materialism is a good thing, we don't want to believe in fairy tales. There's nothing wrong with the material world.”**

Matter in of itself is meaningless and the attitude that the material world is all there is, is exactly the reason why we find ourselves in the current state of affairs. Just like a human being is more than simply the sum of organs, likewise Life is more than the sum of its bare material components. We don't reject the material world, we acknowledge it, but we also do not glorify it, giving it unwarranted value.

**“The growth our society has experienced means we can't possibly be poisoned!”**

Technological and material growth are actually the biggest contributors to degeneracy unless society learns to adapt to new means of life in a way that doesn't make people lazy, narcissistic, entitled, etc. This growth is not bad in of itself but it is by no means proof of a lack of poison.

**“You say the lies are very ancient, then you want to go back to ancient times? I don't want to live in a mud hut, I like modernity.”**

We want to restore the ancient worldview, a particular outlook on life that implies people having a certain character, such character can exist in a technologically advanced society - make new tech, keep old ways, that is our direction.

**“If I live in the System then how can I tell what is or is not degenerate/poisoned/Judaic etc?”**

Once you comprehend that there are only two major world-

views, one centered around Truth and another centered around the lack of Truth, you will be able to easily make the distinctions between what is and isn't degenerate. If something is geared towards fulfilling only certain interests, materialistic needs and desires, then it most certainly belongs to the Worldview of lies and is thus degenerate. In the worldview of Truth everything is geared towards discovering, upholding and realizing the Truth in all matters, including human affairs, regardless of what that means for any given individual. Degeneracy comes from the glorification of man in of himself and in his purely animalistic aspects, as opposed to overcoming and conquering the material, animalistic side of man in the name of Truth.

**“How can you tell what history is wrong or right? You weren't there!”**

The Truth is something timeless and eternal, it exists regardless of our interests, our actions and even regardless of time itself. Thus we can judge any period of time by comparing it with the Truth, so could and will be able to anyone else living in any other point in time, past or future.

**“So you promote a NEET life?”**

We promote a Fascist Lifestyle and establishing oneself as a Fascist Revolutionary, neither of which is possible if you are slaving away for the System. Ultimately, one can learn a trade, a practical service skill and become self-employed because such things as welding and plumbing will always be in demand, but they are not as prestigious to the System and implies less entanglement in its web. Ideally one has to become completely self-reliant to make an exodus from the System altogether. Those who are actively involved in the current economic system through office jobs and the like are dependent on the System and thus are useless in taking it down. If avoiding being a slave is the NEET life then yes, we are promoting that. Think people who have universally necessary skills that will become in high demand after the Revolution will have anything holding them back in destroying the System? No.

**“So what if I learn a trade, I'm still paying System taxes!”**

Until such a time when you are ready for a full on exodus from

the System - yes. However you will be paying less than those who are wilfully enslaved to the System by engaging it on its terms, not to mention that certain tactics may demand you to go on with this minimized engagement in order to acquire certain necessary resources for the Struggle. In other words if we have to pay taxes then let it be a means to an end rather than a fee for playing further into the System's hands.

**“Aren't you just a lazy person with no work ethic?”**

Not being a slave is not the same as being lazy or without work ethic. If anything the System actively spits on hard working people, demeaning hard manual labor and praising abstract intellectual masturbating and economic manipulations as “real jobs”. A slave is someone who is ready to do anything just for the sake of earning his daily bread to survive - by that standard modern people are even less than slaves as they are ready to do any job so as to later waste that earned money: “Working jobs we hate so we can buy things we don't need.” Real work ethic is in the hands of people who do what they love and in their dedication to that task turn it into a craft, elevating mere work to art, as opposed to the slave who is just trying to fulfil the bare minimum that is required of him. Modern World has killed real work ethic and to add cynicism the modern “defenders” of the working class are intellectuals who detest actual labor. The Revolution will allow us to create a society where true work ethic will rule again and allow workers to be the masters of their own domain, returning dignity to their craft and to them as craftsmen. However for the Revolution to happen we need Revolutionaries and not slaves.

**“Humans are social animals. We can't just ignore the pressure from other people and be independent!”**

That is why the mass approach is not feasible as majority of people will not be able to dedicate themselves to the Revolutionary cause, they can be expected to join in only once the System is all but dead because then they can shift their allegiances and the former enforced social pressure mechanism will be gone. Only true Revolutionaries, fanatics to the cause, can stand above society and against the System, even when completely alone. If you can't hack it then perhaps you are not as fanatical as you'd like to think.

**“You say the worse the System can do is kick you out. But that means certain death! We can’t survive without the System. We need to take it over instead.”**

Once again: if you can’t hack it then maybe you’re not a real Revolutionary. Being kicked out is not certain death, moreover that is the worst the System can do if you openly go against its rules, but when you engage it in active struggle the worst it can do at that point is outright kill you. Death is a constant possibility in the life of a Revolutionary and as Sergey Genadievich Nechayev once wrote: “The Revolutionary is a doomed man”. Yet we come from the worldview where we seek to abandon fear, overcome pain, laugh in the face of danger and constantly dance with death. If you are not ready to commit to this then it is hardly any wonder that you are drawn in by the allure of the System’s safe and secure game where you may live but will always ultimately be the loser. This line gets quoted all too often but is likewise quickly forgotten when people are asked to commit: “It is better to die standing than to live on your knees.”

**“How do you expect to recruit anybody when you’re so extreme and promote dropping out of society?”**

We don’t want to recruit just “anybody” - “anybody” isn’t good enough and will be rejected outright. It is said that beggars can’t be choosers, but we are neither - we are demanders. Trying to appeal to people is begging, promising them rewards like in an election campaign is begging. Choosing is saying “well it’s better than nothing” when presented with shitty choices of volunteers. We are demanders, we demand that people who wish to join are of a certain caliber and if they are not then we demand that they shape up until they meet these expectations. If these demands scare people away then all the better because the only people who will be scared away are those who would have been of no use to the struggle in the first place and would likely turn tail at the first sign of trouble. We don’t go out begging to people, we wait for people to come to us, but when they do we don’t settle like choosers, we demand the best because only the best will be capable of Victory.

**“Aren’t Fascists supposed to promote order? Why do you want to wreck havoc on society?”**

Society is already in havoc and disorder, it may have a purely mechanical order to it in the form of laws and law enforcement and various institutions that keep it going but all of that exists to help spread poison and further decay. A purely mechanical order is not good enough for us Fascists, we strive for a specific kind of Order, an Organic Order that is healthy, full of life and vitality and none of that is possible with the existing mechanical Leviathan known as the System suffocating anything life-asserting. We must destroy this machine if we want something organic to grow from its ashes.

**“You should be thankful you live in a democratic country with free speech, in a fascist society you’d be immediately arrested!”**

We are Fascists, in a Fascist society we’d be loyal and law abiding servants and our views would coincide with those of the society around us, we’d be part of an Organic Order we desire and thus have no need to rebel against anything. Just like the System pats on the head its obedient slaves so would the Fascist state reward its loyal champions.

**“No, if we just have the right approach, we could get a nationalist party elected.”**

Einstein once said that the definition of madness is when you try to do the same thing over and over and expect different results. How many times must we step on the same rake before we realize that it only leads to a smack in the face?

**“Even if parties can’t succeed, they’re pushing the overton window to the right, therefore it’s valuable work.”**

Rocking the boat is not good enough because as the boat rocks one way it can rock the other and thus you’d be back where you started from, going back and forth with no real progress made. Our goal is not to rock the boat, our goal is to **SINK IT**.

**“The white genocide slogans are really effective propaganda.”**

To say that it’s effective, you have to specify what it’s effective *at*. The problems of today have two sides: the side doing the “genociding” and the side being a victim. This victimhood propaganda isn’t affecting those who are doing the victimizing - *they already know what they’re doing*. And by and large, the masses of people already

know they're getting screwed. They just don't *do anything about it*. So reminding people that they're getting screwed over is relying on the false notion that the masses will "wake up" and "do something". They won't. Only individuals act, not masses. Effective propaganda is propaganda that fulfills a precise goal, not vaguely tries to "wake up" the "masses of people".

**"No, we need the masses, a small movement can't beat the System, it's too large!"**

All historic revolutions were done by a small group of capable fanatics with the masses joining in only when victory of the revolutionaries was assured. Breivik all on his own put the capitol of Norway on total lockdown and was free to act elsewhere. A handful of people like him can cause entire cities to come to a dramatic standstill. A few hundred can beat the System.

**"So you want us to be like niggers who don't work? Unlike them we can't live on welfare."**

Niggers simply wish to avoid work altogether, we wish to avoid slavery so as to be free in our actions to take down the System that enforces that slavery on our race yet lets niggers off the hook.

**"Speaking of niggers, they are the ones who get violent, why should we stoop down to their level?"**

Back in Rockwell's time this argument would have been legitimate for the reasons we discussed earlier in this manual, namely that it was a different time with different options available to us and that Rockwell was representing a mode of respectability that was still around but on its way out. Now as we are drawn closer and closer to the extinction of our race radical actions are not only permissible they are necessary and will ultimately be the only choice left available to us, lest you count rolling over and dying as a legitimate choice. Moreover, nowadays when the destruction of the System is imperative nigger chimpouts are only playing in our favor - the more pressure is put on the System by others the better for us as we conserve our own strength for hitting it where it'll really hurt and once we take over we'll be able to deal with anyone who opposes us in any way we see fit.

**"Everyone around here is a stupid commie. I can't find fas-**

**cists.”**

No, you won't find fascists, and it is mostly foolish to expect it. You will probably have to create your entourage with work and education, build a community with your own leadership. There aren't any pre-made fascist social circles you can join and fit in without effort. That is no excuse to remain isolated and anti-social. Most people are lemmings who will follow you if you have the courage to lead, and the few who have potential to be true revolutionaries won't meet you by chance if you avoid all socialisation.

**“We want to destroy the System, there's no time to waste lifting weights or getting rid of your tv.”**

If you're already a full time revolutionary working effectively to undermine the system and building your resistance force, then you can safely ignore all the advice in this section. This book wasn't written with you in mind. Otherwise, you've already wasted every other year of your life without doing anything, and probably did it while consuming endless entertainment, growing frail in the process.

**“Attending events just to “convert” people is creepy and autistic, everything should just happen naturally.”**

Yes, ideally, everyone around you should naturally absorb your worldview on things because they respect and admire you, and like being around you. If this didn't happen yet, then there's obviously something wrong, and it's time to do something about it. Either you're not likable or you fail to express your feelings and ideas about the world to other people. Either way, following the socialisation steps will allow you opportunities to work on that.

**“It's stupid to stop having fun, whoever said being fascist required not watching tv or playing videogames? Those things don't matter, what matters is engaging in real life activism”**

George Lincoln Rockwell once said that a man needs to do what is right according to his conscience, and have as much fun as possible while doing it. The point here is not to become a monk and cut out all worldly pleasures. The point is to cut out the things that make us passive, that turn us into human slugs. Instant pleasure - on tap - with no pain or discomfort required. It makes you into a slave - a slave to the System that provides this easy pleasure. Find fun



that's under **your** control instead. Play football. Bake a pie. Carve a statue with your knife. You can engage in "activism" while remaining hooked to the System's pleasure media, but it'll prevent you from going as far as you'll need to go.

**"Just because you have leadership, people won't drop out of the System to fight in a revolution!"**

No, most people won't. Only a tiny minority will follow you, even if you do everything right. However, no one will follow an asocial loner who doesn't talk to people. Leadership is a necessity, and if you don't have it, you won't be able to develop it by practicing on revolutionary types. Become a leader of average people first.

**"Learning boxing won't help you if the System cracks down on you. Even guns won't allow you to take on the government"**

This manual is titled "mental liberation". The purpose of physical training, including martial arts, is primarily to liberate yourself from the mental shackles that prevent action. Eating vitamins and minerals won't allow you to take on the government either, but still comes recommended. Muscles are a source of power, both mental and physical. Notice how dedicated leftists are most commonly frail or obese. This isn't a coincidence. There is a strong inverse correlation between muscle mass and liberalism. Publically proclaiming to be a fascist, or even simply conservative, demands strength, courage and energy in today's world, which fit people have far more of (on average) than others. **Do it.**

**"My xyz entertainment is the only thing that allows me to cope, man, you can't take that away from me"**

You coping is exactly the source of the problem. As long as you cope, things won't change. It's time to stop coping and start doing something about the problem. The best cure for being depressed and angry at the world, is to know you're doing something to change things in a dramatic way.

**"I know better than you what kind of physical training to do, I don't want to do powerlifting"**

If you're as fit and strong as you'd like to be, then keep doing whatever it is you're doing of course. Otherwise, what you're doing

is obviously not working, so start powerlifting instead of rationalizing. Powerlifting always works. Nothing works as well or as fast.

***Chapter 6***  
***Conclusion***

If we were to sum up the point of this manual we could do so with the following James Mason quote: *"To be a man, a person, an individual; to be someone in some degree of control and mastery over their lives, their own destinies and futures, it is necessary that you struggle hard and shed "that which you have been taught" "*- that is to say shed the mental conditioning of the System, to achieve Mental Liberation.

We went over this issue from two primary positions: learning to ignore System pressure and overcoming one's own shortcomings derived from the base aspects of the human condition. We also attacked all rationalizations that would prevent one from engaging in the struggle, namely the delusions surrounding the effectiveness of certain methods. Ultimately, however, we can't cover everything as this is something that must be handled on a case to case basis, which means that the rest of the work is left up to **you**.

You must identify yourself what keeps holding you back from actively engaging in the Struggle against the System, what holds you back from becoming a Revolutionary and better still a Fascist Revolutionary. With this manual in hand you can overcome even those elements that we didn't cover so long as you have truly understood why this is important and to what end. Figure out what else holds you back from committing to the struggle NOW and liberate yourself from those invisible hooks. We highly recommend you grab George Lincoln Rockwell's **"White Power"** book and read Chapter 2 - *"Spiritual Syphilis"* as it holds a story of how one beatnik came to the American Nazi Party and became one of their most dedicated fanatics. Let that story serve as an example of Mental Liberation.

This initial manual of the series is unique as it does not tell you what to do, what tactics are available and how to operate as a Revolutionary, it only prepares you for becoming one, because if you don't achieve the mindset of a Revolutionary, if you don't achieve Mental Liberation, you won't be able to do anything that will be laid out in the future manuals. Once you have achieved Mental Liberation you can proceed to the next manual in the series, which will deal with the first steps in organizing your own group from scratch, how to go from a loner to a member or leader of a group of like-minded people who'll become your brothers in arms in our common

struggle.

Mahatma Gandhi once said: First they ignore you, then they laugh at you, then they fight you, then you win. This is likewise true for us Fascists and our struggle against the System. In our case however we will hear more chastising and condemnations, they'll try to silence us and push us out. Be vocal and open about your beliefs, make it impossible to ignore you. Laugh at their condemnations and objections. Fight. Win. That is the thinking of one who has achieved Mental Liberation, one who is truly free and capable of anything.

*"Revolutionaries possess the highest goal, the highest calling and, therefore, anything is allowed."* -James Mason