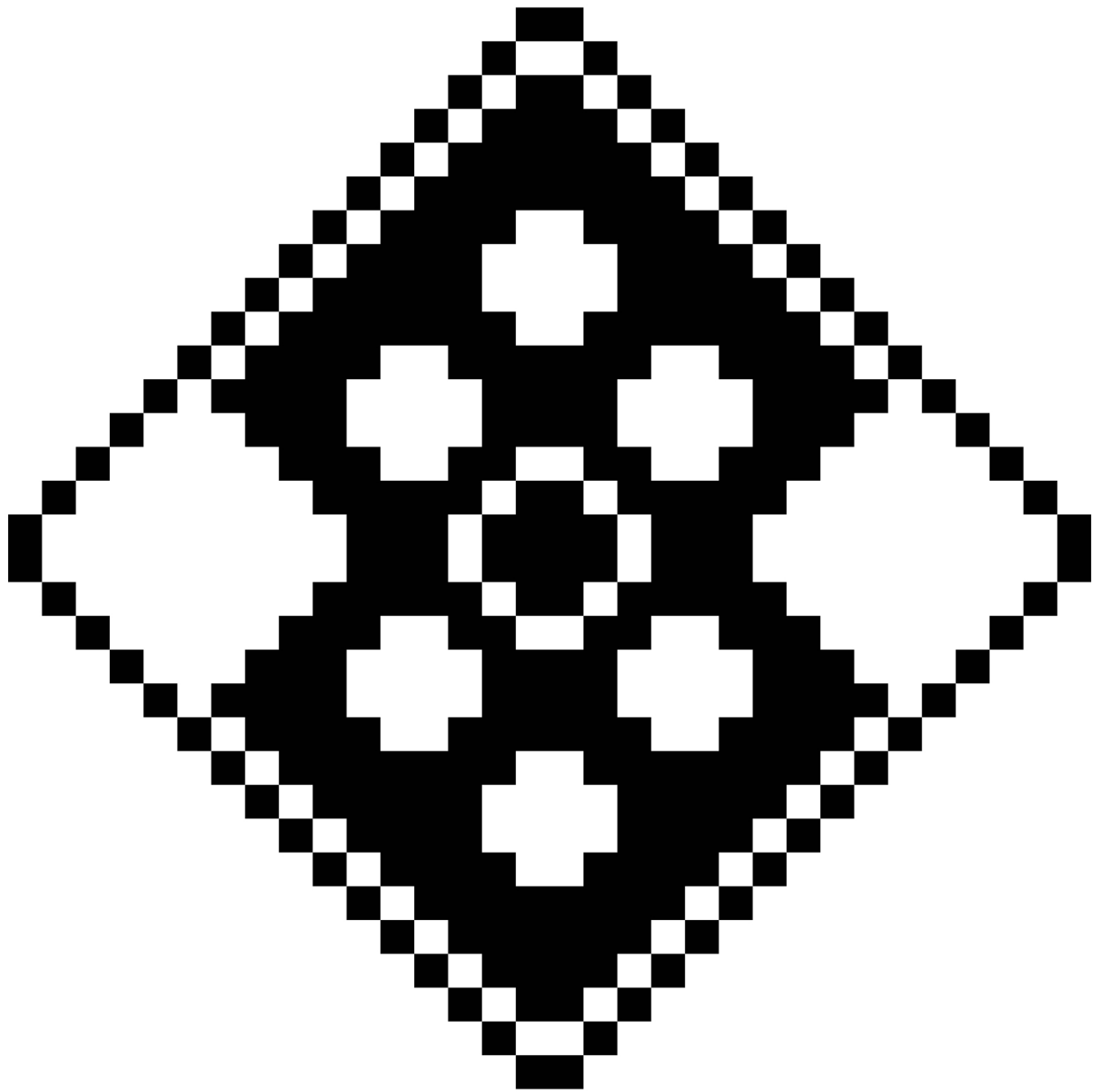


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FREN-Z

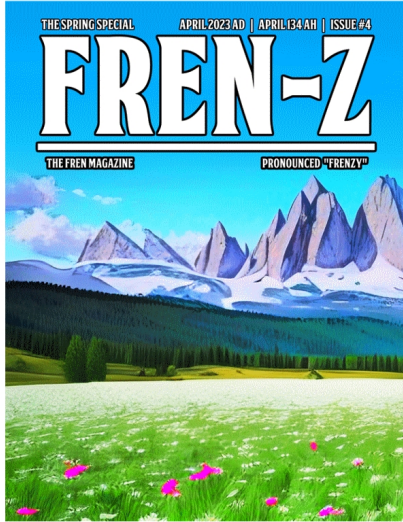
THE FREN MAGAZINE

PRONOUNCED "FRENZY"



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GREETINGS FROM FREN-Z

by FREN-Z Editor Bax Atos Xore

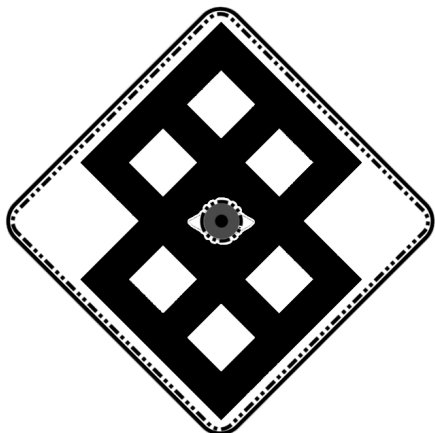
The sampler magazine you're holding in your hands was distributed to you out of kindness and goodwill. We sincerely want the best for you, reader, and we hope to provide you with something unique. A dozen multinational corporations control virtually all of the media you consume. Sometimes there are even competing brands owned by the same parent company! It's almost impossible to find true independent media.

Enter FREN-Z: A free counter-cultural magazine. Our main publication features original full-color artwork on virtually every page, articles written from interesting points-of-view, and excerpts from a rich variety of historical texts. We're not here to tell you some singular secret, or to promise that every word printed will hold up eternally in the face of time. Instead, we're offering a desperately needed alternative to the garbage published by the ruling class. People can make submissions to our magazine and have their voices heard without fear. People can submit content under their real name, under a pseudonym, or anonymously.

The issue you're holding is a small sampler designed to give you an idea of what the full magazine contains. We hope you'll examine our more heavily illustrated full length issues. If you like these sample articles, you can read many more, for free, via the links provided on the previous page.

You might ask "What's the catch? How do they make money off of this?" The short answer is: we don't. We're not doing this for money. We're doing this out of a profound love for our peoples, our cultures, and our heritages.

We don't make this content out of hate, nor do we intend it to upset anyone. You weren't given this magazine as some form of targeted harassment. Our distribution is as random as possible and we only seek to educate the public about alternative points-of-view, niche historical information, and other similar topics. The anonymous distribution of literature in this format has been found to be both legal and constitutionally necessary by the Supreme Court of the United States. Without literature distributed in this manner, we wouldn't have the country we live in today! Be thankful that your fellow citizens can engage in this harmless discourse, even if you disagree with what is being discussed.



WELCOME TO CLOWN WORLD

YOU'RE NOT ALONE

by the FREN-Z STAFF

You know you've felt it. That sense of *wrongness*. You look around you at the world and people seem to have lost their minds. People enact Olympian feats of mental gymnastics to avoid accepting obvious truths. You've surely seen the blatant hypocrisy from the ruling class, though your peers may treat you like a pariah for pointing it out. Maybe you just noticed the hypercoordination of the media complex and the speed at which they contradict themselves, and that was all it took.

You know that things are wrong.

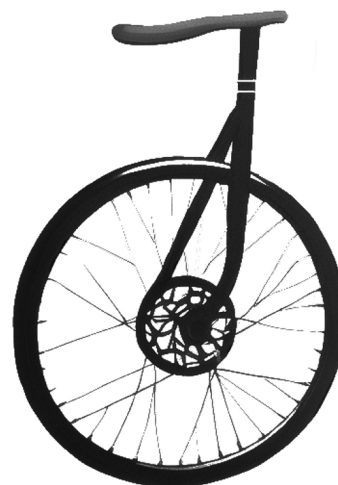
You aren't alone.

Perhaps you've lost friends for knowing. There's a good chance it has cost you money. Maybe you've been alienated from your family, too. None of it is especially pleasant, and many who see the wrongness around them choose to ignore it to avoid these punitive measures.

Others cannot ignore it. Be it for moral, ethical, preservational, or compulsory reasons, it matters little why. These people – our people – simply can't abide the madness any longer. Of this group, there are (at least) two more divisions to make: those who fall into despair and those who can face the horror with a smile. Your membership in either group might switch day-to-day, or even moment-to-moment.

A sense of ironic detachment has developed among those of us who have spent too long in the "smiling at the horror" group. Sometimes it's necessary to let yourself contemplate the weight of the evil in the world. There is, however, a utility to ironic detachment. If this is, as is often said, a Clown World, then most of the fools within it are over-dramatic mimes—viewing things in black and white, never saying anything of substance.

Allow those of us with that precious detachment, with all the detriments it might bring, to out-clown our opponents. They are confined to invisible boxes of their own making, as unreal as they are unnatural. We must do our duties as the good clowns – the funny clowns, who people might actually pay to see, if people were going to pay for clowning – to smash through their boxes, unicycles aflame, and noses honking shrilly through the cool evening air.



DEATH BY DICTION

by FREN-Z Editor-in-Chief Bax Atos Xore

In mainstream media, you often see this trope: a character, meant to be in an older time period, speaks with exaggerated, antiquated language, mostly for comedic effect. Unnecessary definitive articles are added, fake old-timey turns-of-phrase are invented, and the residents of the past are purposefully made out to be sensitive buffoons.

While it might seem benign, **this is a propaganda tactic.** It is part of the full-scale campaign of degradation that our people have been suffering through. They are not merely joking about differences between the past and the present. They're creating the impression, through every means necessary, that most people used to be morons and now we're all smarter. This has gone hand-in-hand with the push for more explicit language to be used, which is part of why they've tried so hard to retire older terminologies for new ones. In fact, the tendency has been to simplify language, meaning, and culture that was already deep and full of meaning, while simultaneously complicating language, meaning, and culture that was necessarily blunt.

For example: there was once a time wherein one would say "that food didn't agree with me," instead of "that food gave me horrible shits." The former is, essentially, a joke. It's a layered, symbolic statement. The implication is that the food was arguing with the speaker, which is a more nuanced and humorous way to express the basic idea we're communicating with both statements. The latter statement is only funny by way of shock comedy—something that's had diminishing returns as we've all become jaded to the degenerated nightmare around us. It used to be funny to see a man in a dress talking explicitly about his bowel movements, because people didn't really tend to do that. Now that we are constantly forced to see transexuals openly talking about their poor personal hygiene, classic shock comedy isn't shocking.

We're not prudish by any means—profanity can be used intelligently and artistically. Sometimes things need to be blunt and explicit. "Kindly dismiss yourself" doesn't carry the same weight as "fuck off!" Likewise, "Post-Traumatic Stress Disorder" doesn't carry the same weight as "Shell Shock." The former has replaced the latter, but PTSD implies a long term mental disorder that you may never recover from—**it's adding layers of meaning that Shell Shock never had!** Shell shock implies a brief state of trauma—a shock that one gets over. By changing the way we think of trauma, they've changed the way we deal with it. If we're expecting an event to create a long-term psychological disruption then it's more likely to do so. Thus, the implications of PTSD become something of a self-fulfilling prophecy.

Notice that terms and ideas that need to be explicit – including such basic ideas as masculinity, femininity, love, and marriage – are being changed to suit the needs of those in power. They no longer speak of "pregnant women," but "pregnant people," because they've destroyed the meanings of both pregnancy and womanhood. Pregnancy – once a beautiful process by which new souls were brought into the world – is now viewed as a problem to be solved surgically. Babies – once our most precious citizens, for whom the highest protections were offered – are now murdered without remorse, and are dehumanized through increasingly abstract terminologies. You're not murdering a baby, you're terminating a fetus! Better yet, you're extracting a cellular clump!

Notice also that since their redefinition of marriage, it has become meaningless to many people, so they don't feel as much concern over marrying the wrong partner—or marrying their partner at all! Nor do they feel as worried about getting a divorce if things don't work out. Marriage is now more of a status symbol that one changes on a whim, whereas it was once a sacred, lifelong bond between a monogamous man and woman.

Womanhood, too, has been muddled into nothing more than the outfit you're wearing. A man wearing a dress is considered to be a woman if he demands to be considered a woman—he doesn't even need to have his genitals turned inside out anymore! Men, with functioning testicles and penises, are being allowed to compete in women's sports if they grow their hair out long enough!

They convolute that which needs to be explicit. They muddy it. Then, they pour profanity over the poetic, symbolic language once used to cover, enhance, or otherwise alter the meaning of a dialogue. The obscene becomes the norm, and the norm becomes the obscene.

While we're not urging our readers to abandon all profanity and fully return to an older pop cultural standard (please, do not go around spouting outdated slang when it isn't contextually appropriate), we would like readers to pay close attention to their personal word usage. Do not utilize enemy terminologies, as doing so takes their world view for granted as true. If arguing against abortion, for instance, don't allow the usage of "fetus," or "cell structure," or any other antihuman nonsense. The term is "baby," or "child," or even simply "person." Don't even let them use the term "abortion" if you really want to piss them off—insist it should be "murder," and repeat their own phrases back to them, only "corrected" to replace "abortion" with "murder."

Obnoxious? Yes. They do exactly the same thing to us, however, and we must return the gesture. By allowing our enemies to define our language, we allow them to define the way we think. We can do the same thing in return. Refuse to acknowledge their redefinitions and reframings. Force our own redefinitions and reframings upon them in return. Actively choose every single word you speak and write for maximum effect.

Now that shock comedy has worn thin and being explicit for no reason is boring, there is a need for more meaningful speech. People used to use metaphors and symbolic language as a matter of course. There's no reason to be too flowery with your speech, but try to put some meaning into the things you say, like our ancestors did. If you can make the same point more elegantly, do so. If you can form an implication or comparison through clever word choice alone, you're running circles around the average person already.

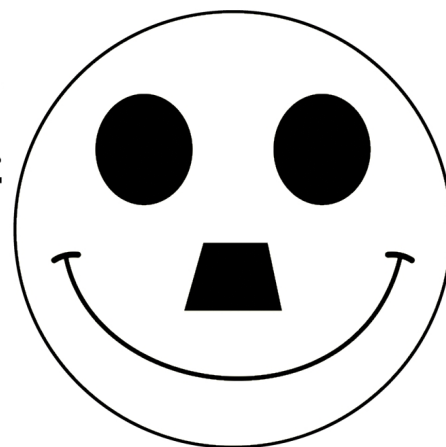
The alternative to this more careful, meaningful speech has been a descent into full absurdity. As meaning and symbolism are stripped away and the shock of that fades, cultural nihilism takes root. Contemporary absurdism is the logical conclusion to this cultural nihilism. If nothing matters, and our speech has no meaning other than the immediate and explicit, then one eventually concludes that all the rules can be thrown out. Implication as a mechanism is violated and utilized to create endless non-sequiturs. Often times, the result of an action in a work of fiction is no longer what one realistically expects, nor what one would humorously invert out of that expectation. It's something disconnected from cause and effect entirely. Overpaid media critics then praise this drivel for its meta nature.

That's the nature of our enemy: they seek to detach from reality – from cause and effect – and to create a fantasy world in its place. A horrific realm wherein men are women, babies are disposable, consequences don't have actions, and every culture is forcefully merged into a worthless sludge. They treat society like it's the goddamn *Looney Tunes*.



TAKE YOUR PICK

by Anonymous



The terms “racist,” “homophobe,” “bigot,” “anti-Semite,” and “fascist” (amongst others) have been utilized to shutdown dissent for decades now. These are labels applied to people in an effort to intimidate them. Each of them carries a heavy negative charge – built through generations of brainwashing – that we’re programmed to avoid at all costs. When we’re called one of these things we often back-peddle and attempt to explain how we’re not, but this only puts our accusers in a position of power to further squeeze unearned apologies out of us. Should they fail to shame you into submission with these lesser terms, they’ll move to the big one: **“You’re a Nazi!”**

It doesn’t matter if you’ve ever read a word of fascist literature (and they’re *terrified* of you doing so – fascist ideologies are forbidden from being discussed in any real detail, always being turned into cartoonishly evil caricatures that don’t reflect reality). It doesn’t matter if you’ve spent the last twenty years of your life doing cultural outreach. They can dismiss it all in a heartbeat by calling you a “Nazi.”

How many regular conservatives have been called Nazis? How many moderates and classical liberals have had the label applied to them? How many libertarians have fielded accusations of fascism? These are accusations made by people who have never studied fascism, leveraged at people who have never studied fascism, and all as a mechanism of social control. Of course, it doesn’t matter that they’ve never studied the groups they revile so much. **In general use by our opposition, “Nazi” merely denotes “the enemy,”** regardless of what any given enemy believes.

In this sense, “Nazi” has taken on new meanings that it didn’t have. At one point, it was an insult devised by Zionists to insult the NSDAP—German National Socialists in the 1930s. Then it came to be used as a general way of referring to National Socialists. Now, however, it refers to anyone that the ruling class dislikes—National Socialists or not.

In a world where everyone is free to engage in unprecedented degeneracy, with no act being too taboo for fetishization and commodification, the only way to rebel is to become disciplined. A rebel today must reject the hedonism that has defiled our culture, reject the forced multiculturalism, and reject the dehumanization of Whites. Anyone who rebels in this manner is already called a Nazi. If you don’t like transsexuals, you’re called a Nazi. If you’re sick of the forced celebration of homosexuality, you’re called a Nazi.

Through similar circumstances, the term “punk” became a badge of honor. *It is time that “Nazi” becomes a badge of honor too.* If they’re calling you a Nazi, you’re surely saying something they want to censor. You’re doing something right. To earn the ire of the smug, evil, hedonistic ruling class is a high badge of honor indeed. Face facts: Nazi is the new punk!

Let us walk through a simple exercise to prove the point: Imagine the average person that gets called a “Nazi” within modern political discourse. Now imagine the average transsexual who participates in events like “Drag Queen Story Hour.” Finally, imagine that you have to spend an hour alone with one of them. Who would you rather be locked in a room alone with for an hour?

Now run through that scenario again, but imagine that it’s your child who will be left alone with either a “Nazi” or a transsexual. To put it another way: would you rather your child be left alone with someone the ruling class despises, or with a mentally ill person who has mutilated themselves to try and fit a deranged fantasy?

The people they’re calling “Nazis” tend to be strong, loyal, and outspoken. These are people that are just trying to do right by their families and communities. It’s becoming a compliment, and **the correct response to being called a “Nazi” is to say “Thank you!”** By doing so you are saying, in effect, “Yes, I am your enemy and I would like to be recognized as such. I oppose all that you stand for.” That’s what they actually mean by using Nazi pejoratively, *whether they are consciously aware of it or not.*

The hypothetical choice we’ve presented – of “Nazis vs. Transsexuals” – may seem abstract, but look outside and you might find that it’s a real-life decision you’ll have to make. Take your pick and make your peace with the consequences. We’re glad to be called “Nazis” if the alternative is allowing men in dresses to groom our young children into sexual degeneracy.

SURVIVING THE RED PILL

by Anonymous

Many people feel shocked when they start to realize the truth. They'll have a foundational belief come into question and, through research, they'll discover they've been wrong about a given subject for their entire lives. To assist those first experiencing this redpilling phenomena – the process of discovering perspective shattering information, named in allusion to The Matrix (1999) – an anonymous author wrote this helpful guide.

I've seen despondent people who wished they'd never taken the red pill. People wallow in despair because they don't know where redpilling will lead them. Here's how to survive. You will never be the same again. But if you want to come out alive and be better off, I strongly advise you heed these instructions.

Your first encounter with the truth will be shocking. Some things that you read will seem like nonsensical conspiracies, or perhaps "hate speech." You will not understand many of the things people are referring to. If you post your sentiments to one of the few uncensored discussion boards left, such as Frens Chan, you will be the newbie that everyone hazes. This is normal. You're not the first. Everyone goes through this.

You will start to understand the jargon. You will start to understand what people are actually saying. You will start swallowing red pills—accepting uncomfortable truths. Unfortunately, for the first six months, this might fill you with hate. Why? You will learn the truth about racial differences, sexual dimorphism, jewish supremacy, governmental corruption, homosexuality, transsexuality, and more. You might start to hate the people participating in, and responsible for, the situation at hand. You must continue learning. If you stop here, you are doomed.

You must understand the horrible things that have been done to our peoples and societies, *without allowing that knowledge to blind you with hate*. **The highest value will always be love**—love for your folk, your family, your community, your culture, your race, and your God. The hate you feel is a natural response to learning that these things, which you should love so dearly, have been **repeatedly violated** by malicious forces. Hate has been given to you as a tool to rectify the situation, but hate is not the goal in and of itself.

Once you have swallowed enough red pills, you will start feeling isolated from your immediate friends/families. You'll find yourself opposing just about every popular opinion they have. You may try to hold your tongue, but it gets harder. You won't understand why these people are so blind. You won't understand why, at some point in your life, you actually agreed with them. It's tough becoming estranged from your loved ones, so **don't argue**. If they're curious, lead them a bit. Otherwise, don't try to force feed them red pills. It is important that you understand this: red pills work best when taken voluntarily.

You might fall into despair or feel alone. You'll feel like everyone around you are just going through life without a single rational thought. Then you will become angry. You will know true rage. This rage is the crucial fork in the road. You can let this anger become a

destructive force in your life, or you can use it to become something better. At this stage, you still have not taken the ultimate red pill. That simple red pill is this: **you, and you alone, are responsible for your actions. You, and you alone, are responsible for who you turn out to be. You, and no one else, is responsible for your happiness.** The truth is, you can't truly take this final red pill until you've changed certain things in your life. Tomorrow, you'll start this process.

Get up in the morning. Take a shower. Then sit down, close your eyes, and clear your mind. From this moment on, there's **NO THINKING**. You've thought enough. You will only act. There are no more excuses—excuses are something you need to think up. There can be no further rationalizing to justify your failures. You will simply do what needs to be done. Open your eyes and go about your day. Go to your job, or your school, and do your best. From now on, everything you do, no matter how mundane, will be your best effort.

Stop eating processed garbage "food" and start cooking for yourself. Attend to your chores and errands immediately without letting them pile up. Don't waste time thinking about the things you know you need to do—you already know what they are, so just do those things without delay.

When you are done with your chores, work out. Join a gym. If you can't afford to join a gym, do no-equipment exercises at home. Your body is the only tool you need to get in shape, but weights will help if you can get them. So lift weights. Slowly at first. It doesn't matter how much you bench. It only matters that you are trying and that you keep trying.

You are not doing this to impress anyone. You are trying to improve yourself. Period. You are doing this for yourself and no one else.

When you're done your work for the day, read a redpilling book. No TV. No Netflix. No video games. No porn. No drugs. Make your leisure time worthwhile by acquiring useful information or picking up a skill you'd enjoy having. Go to bed early and sleep for no less than six hours a night—eight is better.

This lifestyle change will be the hardest thing you've ever done. Don't give up. Above all, don't think. Thinking only leads to laziness and excuses. Every time you start thinking up excuses, **GET ANGRY**. If you find yourself lacking the motivation, summon that anger. Bring it to the brim. Then go to the gym. Burn out the rage by lifting. As you lift, think of all that you've learned. Think about how hypocritical and how evil this world is. Think about

how the people in power force you to be less than what you're capable of becoming. Think of how they want you to conform to social norms designed to prevent your success. Finally, know that no one on this damned planet can help you. If you want help then you've got to help yourself.

In three months, you will notice a significant change in yourself. You will look and feel different. People will react to you differently. You will be more confident. You will start affecting those around you more than they affect you. Some will resent you. Others will admire you. None of that matters. The only thing that matters is you and how you are changing.

Escapism will become boring. Why? Because you no longer live in that fantasy world. You now understand that the mind numbing effect of mass media is **INTENTIONAL**. They are trying to control you. You won't let them anymore. You won't be able to watch any TV. You won't be able to watch any major news outlet. It will all look like bullshit to you.

In six months, you will no longer be recognizable. Physically and mentally, you will be a completely different person. Dress neatly. It's not a matter of dressing up, but being presentable. If you want to be stylish, go ahead! Show it off. You now have the body to do so.

Always keep taking red pills. Always be true to yourself. Keep immaculate hygienic practices. Your house/apartment should be neat and clean at all times. Never lose sight of how you used to be. Keep telling yourself you don't ever want to go back to being that person.

Pay any debts as soon as possible. This will be easier than you think because you no longer have degenerate expenses draining you financially. No drugs, no smoking, no movies, no eating out. You'll find more energy and motivation to improve your income. You'll no longer be held back from getting that better job because at job interviews, you will be infinitely more confident. Your lack of degenerate behavior and increased physical fitness will improve your intelligence. You will have a clearer mind and your memory will improve, as well as your ability to concentrate. If you are a student, your grades will improve dramatically. If you have a job, your performance will greatly increase.

It's a feedback loop. The better you become physically, the better your mental capacity will increase, which in turn will motivate you to improve your body even more. Suddenly, members of the opposite sex who you thought were out of your league will start approaching you, but you are now redpilled. You won't select your spouse based on superficial characteristics or fleeting arousal—you'll pick a good partner who can raise a strong family with you. This is the beauty of becoming redpilled.

You can get there. You can become redpilled. Life can be awesome. But never become complacent. Keep improving yourself. It stops being a struggle after awhile. It becomes enjoyable to keep improving.

Once you've gotten your shit together, it's time for you to help others. The truth is, no one heeds advice from a loser. As people see your success – as they see how sound your body and mind is – they will naturally gravitate towards you. If they approach you, slowly give them little red pills. Give them suggestions on sites to visit, books to read, and documentaries to watch. Always keep a careful eye on them so that they do not stray from the path. When they are

ready, show them the way.

Eventually, you'll have done everything you can do in your immediate interpersonal sphere. Your family will be redpilled, your spouse will hate degeneracy, and your coworkers might even absorb some of your newfound ideals as you lead them by example. It won't feel like enough, however, and you'll find yourself telling strangers about the Zionist Occupied Government and the dangers of consuming too many processed foods. When you reach this point and you can no longer contain your need to stand up for the truth, begin to develop skills that you can use to enable the process. Design some propaganda, write some software, play an edgy song—spread a true counter-culture. If you are completely devoid of the ability to build these skills, you can always print out pre-made materials and spread the truth anonymously to your community.

You have a choice to make. Your first option is to keep being miserable, wasting your life away, and wishing things were different. Your second option is to take the red pill, get your life together, and spread the truth to all who will listen. Do you want to be the weak-willed hedonist who squandered their one chance at life, or the iron-willed icon who led your community to a new golden era? Make your choice and follow through!



THIS ISN'T LITTER.
IT'S LITERATURE
PROTECTED BY THE
1ST AMMENDMENT.

Look up the SCOTUS ruling on *Lovell v. City of Griffin*, 303 U.S. 444 (1938)

THIS ISN'T HATE, OR
TARGETING, OR
INTIMIDATION.

There's no such thing as hate speech regardless. Evil people just hate free speech.
This was distributed randomly, without malicious intent.

TRYING TO SILENCE
FREE SPEECH IS A
MALICIOUS ACT.

(And a huge waste of taxpayer-funded police resources.
They'd rather censor you than police any actual crimes.)

WE ARE PEACEFUL,
LEGAL, NON-VIOLENT
EDUCATORS.

The mass propagation of lies didn't start with cable news.
Your teachers lied to you and their teachers lied to them!